



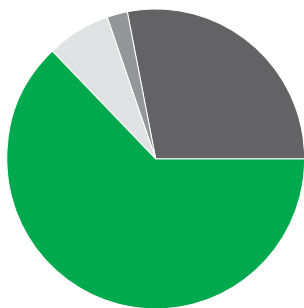
Hemp Seed Fibre (Flour)

Hemp Seed Fibre is a co-product of THC free Hemp Seed (*Cannabis sativa*) after the oil has been extracted. Hemp Seed Fibre contains protein and high levels of insoluble dietary fibre.

In addition, the oil component provides Essential Fatty Acids (EFAs) Linoleic Acid (Omega 6, LA) and Alpha Linolenic Acid (Omega 3, ALA). Hemp Seed Fibre naturally contains Iron, Magnesium and Manganese. Its protein content supports tissue building and repair, contributing to the growth and maintenance of muscle mass and bone normality.

Hemp Seed Fibre provides nutrients that will ensure optimum health and well being for the whole family. It is an excellent source of protein, fibre, as well as important amino acids. Hemp Seed Fibre is an ideal substitute for other types of fibre, that is suitable for both baking and cooking. Its subtle nutty flavour, texture and colour is perfect for recipes including breads, muffins, gravies, sauces and smoothies. Hemp Seed Fibre is so nutritionally dense and has a pleasant nutty flavour that your family will love. Hemp Seed Fibre is an enriched product that is gluten free, nut free, no added sugar, and is suitable for vegetarians and vegans.

Key Nutrients



- Protein
- Alpha Linolenic Acid (Omega 3)
- Linoleic Acid (Omega 6)
- Insoluble Dietary Fibre

Star Rating

Health	★★★★★
Gourmet Culinary	★★★★

Technical Data

Product Name: Hemp Seed Fibre

Botanical Name: *Cannabis sativa*

Active Ingredient(s): Dietary Fibre, Protein, Linoleic Acid (Omega 6), Alpha Linolenic Acid (Omega 3).

Food Safety: This product has been produced in accordance with HACCP principles.

Shelf life: 12 months from production date.

Allergen Statement: No allergens. Gluten may be present.

GM Status: Produced in a GM free production process.

Certifications available: HACCP and Organic. Kosher and Halal available on request.

Product Variations:

- Hemp Seed Fibre (Flour)
- Hemp Seed Fibre (Flour) ORGANIC
- OmegaNZ Hemp Seed Protein 300g
- new hemisphere Hemp Seed Flour 300g

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