



# Quinoa

Quinoa is a grain crop that is grown for its edible seed. It a seed which is prepared and eaten similar to grains meaning giving the benefits of nutritional seeds, but the versatility of grains.

Quinoa is a versatile health food praised by consumers for wide variety of nutritional components. As a source of high protein, it is often used in extruded products. It can also be added to a wide range of foods to improve the nutritional profile including baked goods and snacks.

Not only is it widely used as a plant based protein, it is also valued for its fibre, iron and magnesium content.

#### Technical Data

Product Name: Quinoa

Botanical Name: Chenopodium quinoa

Active Ingredient(s): Protein.

**Food Safety:** This product has been produced in accordance with HACCP principles.

Shelf life: 12 months from production date.

Allergen Statement: No allergens. Gluten may be present.

GM Status: Produced in a GM free production process.

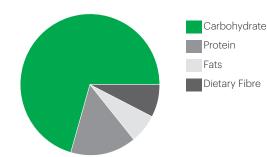
**Certifications available:** HACCP and Organic. Kosher and Halal available on request.

### **Product Variations:**

- Quinoa
- Organic Quinoa

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## Key Nutrients



## Star Rating

Health★★★★Gourmet Culinary★★★

