

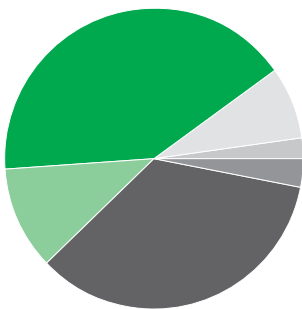


Flaxseed Meal

Flaxseed Meal is a co-product of the Flaxseed (*Linum usitatissimum*) after the oil has been extracted.

Flaxseed Meal contains protein necessary for tissue building and repair, which contributes the growth and maintenance of muscle mass and bone normality. Flaxseed Meal also has high levels of dietary fibre both soluble and insoluble which contributes to regular laxation. In addition, the oil component provides the Essential Fatty Acids (EFA's) Alpha Linolenic Acid (Omega 3, ALA) and Linoleic Acid (Omega 6, LA). We cannot produce these EFA's ourselves, and therefore they need to be an essential part of our daily diet, making it an ideal functional food ingredient. Flaxseed Meal provides nutrients that will ensure optimum health and well being for the whole family, and it can easily be incorporated into the daily diet.

Key Nutrients



- Lignans
- Insoluble Dietary Fibre
- Soluble Dietary Fibre
- Alpha Linolenic Acid (Omega 3)
- Protein
- Linoleic Acid (Omega 6)

Star Rating

Health



Technical Data

Product Name: Flaxseed Meal

Botanical Name: *Linum usitatissimum*

Active Ingredient(s): Insoluble Dietary Fibre, Protein, Alpha Linolenic Acid (Omega 3), Lignans.

Food Safety: This product has been produced in accordance with HACCP principles.

Shelf life: 12 months from production date.

Allergen Statement: No allergens. Gluten may be present.

GM Status: Produced in a GM free production process.

Certifications available: HACCP. Kosher and Halal available on request.

Product Variations:

- Flaxseed Meal Flake
- Flaxseed Meal Pellets
- Flaxseed Meal Milled
- Flaxseed Fibre

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