

## Hemp Seed Oil

Hemp Seed Oil is Cold Pressed from the seeds of *Cannabis sativa*, and provides a balance of essential fatty acids (EFA's) – Alpha Linolenic Acid (ALA) and Linoleic Acid (LA).

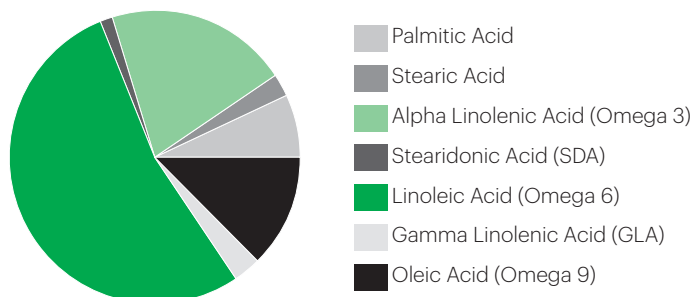
Hemp Seed Oil is often touted as a 'miracle food', but the undisputed truth is that this unique oil contains more than 75 percent polyunsaturated essential fatty acids (PUFA's), featuring a composition of EFA's – LA (Omega 6) and ALA (Omega 3) in a 3:1 ratio. It also contains smaller amounts of Gamma Linolenic Acid (GLA), and Stearidonic Acid (SDA), which are biological metabolites of the Omega-6 and Omega-3 EFA's respectively. It also has a low proportion of saturated and trans fatty acids compared to the total fat content.

Hemp Seed Oil has a delicate, nutty flavour which is suited to a variety of recipes including pestos, marinades and salad dressings. It is also a common ingredient in skincare formulas because of its deep penetration and ability to nourish and moisturise the skin.

### Star Rating

Health	★★★★★
Skincare	★★★★★
Gourmet Culinary	★★★★★

### Fatty Acid Profile



### Technical Data

**Product Name:** Hemp Seed Oil

**Botanical Name:** *Cannabis sativa*

**Food Safety:** This product has been produced in accordance with HACCP principles.

**Active Ingredient(s):** Alpha Linolenic Acid (Omega 3), Linoleic Acid (Omega 6), Gamma Linolenic Acid (Omega 6), Stearidonic Acid (Omega 3).

**Extraction Method:** Cold Pressed

**Shelf life:** If stored in unopened containers at less than 20°C, this product can expect to have a shelf life of 12 months. Once opened the shelf life is limited by temperature, light and oxygen exposure. Any remaining oil should be blanketed with Nitrogen and used as soon as possible.

**Common Dosage:** Liquid and/or Soft Gel Capsule and/or Skincare Formulations.

**GM Status:** Produced in a GM free production process

**Certifications available:** HACCP and Organic. Kosher and Halal available on request.

#### Product Variations:

- Hemp Seed Oil Unrefined
- Organic Hemp Seed Oil Unrefined
- OmegaNZ Hemp Seed Oil 250ml
- OmegaNZ Hemp Seed Oil 1000mg Capsules
- new hemisphere Hemp Seed Oil 250ml
- new hemisphere Hemp Seed Oil 1000mg Capsules
- new hemisphere Global Chilli Flavoured Hemp Seed Oil 250ml
- new hemisphere Global Garlic Flavoured Hemp Seed Oil 250ml

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