







# Avocado Oil

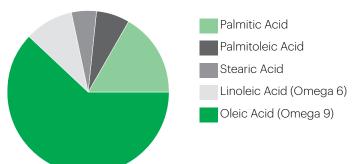
Avocado Oil is a premium, Extra Virgin Oil, Cold Pressed from the flesh of the ripe Avocado (*Persea americana*) to retain the characteristic avocado flavour.

This vibrant green oil contains Omega 9 fatty acids, it offers a low proportion of saturated fatty acids of the total fat content and contains the vitamin and antioxidant – Vitamin E. The Vibrant green colour is attributed to high levels of chlorophyll and carotenoid pigments extracted into the oil.

Avocado Oil has the highest smoke point of any extra virgin oil (≥250°C); thus it is one of the healthiest oils to use for all types of cooking.

Avocado Oil boasts a long list of nutritional benefits but is especially useful for people suffering from skin conditions. Within the skincare industry it is valued for its regenerative and moisturising properties because of its high skin penetration and rapid absorption.

## Fatty Acid Profile



## Star Rating

Health	****
Skincare	****
Gourmet Culinary	****
High Temperature Cooking	****

### Technical Data

Product Name: Avocado Oil

Botanical Name: Persea americana

Food Safety: This product has been produced in accordance

with HACCP principles.

Active Ingredient(s): Oleic Acid (Omega 9).

Extraction Method: Cold Pressed

**Shelf life:** If stored in unopened containers at less than 20°C, this product can expect to have a shelf life of 12 months. Once opened the shelf life is limited by temperature, light and oxygen exposure. Any remaining oil should be blanketed with Nitrogen and used as soon as possible.

**Common Dosage:** Liquid and/or Skincare Formulations. **GM Status:** Produced in a GM free production process.

**Certifications available:** HACCP and Organic. Kosher and Halal available on request.

#### **Product Variations:**

- · Avocado Oil Cold Pressed Unrefined
- · Avocado Oil Cold Pressed Refined
- Organic Avocado Oil Cold Pressed Unrefined
- · Organic Avocado Oil Cold Pressed Refined
- OmegaNZ Avocado Oil 250ml

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