



Golden Linseed

Golden Linseed is a great source of protein necessary for tissue building and repair, which contributes the growth and maintenance of muscle mass and bone normality.

Golden Linseed also has high levels of dietary fibre both soluble and insoluble which contributes to regular laxation. In addition, the oil component provides the Essential Fatty Acid (EFA) Alpha Linolenic Acid (Omega 3). We cannot produce EFA's ourselves, and therefore they need to be an essential part of our daily diet, making it an ideal functional food ingredient.

Golden Linseed provides nutrients that will ensure optimum health and well being for the whole family, and it can easily be incorporated into the daily diet.

Technical Data

Product Name: Golden Linseed

Botanical Name: *Linum usitatissimum*

Food Safety: This product has been produced in accordance with HACCP principles

Shelf life: 12 months from production date

Allergen Statement: No allergens. Gluten may be present

GM Status: Produced in a GM free production process

Certifications available: HACCP and Organic. Kosher and Halal available on request

Product Variations:

- Golden Linseed
- Golden Linseed ORGANIC
- Golden Ground Linseed

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